

Mobility Tracking

- Tracking mobility changes while on a pain medication trial can make it easier to assess for any improvements (or lack thereof) and can help when discussing with your Veterinarian any changes or concerns you may have with new medications. This can also help your veterinarian ensure your pet is being prescribed the most appropriate medication for his/her mobility issues

Activity	Before Medication Trial	After 1 week on Medication	After 2 weeks on Medication
Obvious Lameness or Limping? * Signs of lameness may include a short gait and/or frequent shifting of weight to different limbs			
Difficulty jumping into car/onto bed/couch etc.?			
Stiffness after walks/play or other strenuous activity?			
Ease of getting up from extended sleep – slow to rise?			
Willingness/Ability to use stairs? Both up and down			



- 1) This is easy for your pet. They appear to have no difficulty, are comfortable and regularly partake in these activities. There is no obvious lameness
- 5) This is moderately difficult for your pet. He/She will still attempt on a regular basis but may not always be successful, or may be more hesitant at times. You may also be able to see some signs of lameness
- 10) Extremely difficult for your pet. He/She will not attempt, or often falls when attempting. He/She may need your regular assistance or appear distressed