



Overview

Regular oral care is as important for our pets as it is for us. A healthy mouth can reduce the risk of heart, kidney or liver infections from developing due to chronic periodontal disease.

Regular Brushing

- Use a small, soft toothbrush. There are toothbrushes made specifically for dogs and cats.
- Brush 3 times a week, to daily with Healthy Mouth toothpaste or gel.

Diet

- Feed a reputable dental diet if possible.
- Hill's T/D, Royal Canin Dental, and Purina DH are great choices.

Treats

- Give VOHC approved products. You can find a list at www.vohc.org
- No bones, antlers or Nyla bones

Water additives

- Add to drinking water to help fight plaque/tartar buildup
- Can also come in a spray form
- Vetradent and Healthy Mouth brands are recommended

Regular Treatment and Evaluation

- Dental evaluations and treatments are recommended every 6 months to every 2 years depending on your pet.
- Your vet will determine the best time frame with you