



## Fasting Guidelines

- Healthy adults - you can give a small meal before 4:30 am if you're an early riser.
- Healthy adults under 2kg - you can give a small meal before 7:30 am.
- Pets under 8 weeks of age - you can give a small meal before 7:30 am.
- Diabetic pets - feed half a meal at 6:30 am.

We strongly recommend bringing a small amount of food with your pet for after the procedure, or as a snack if the procedure happens later in the day. If you prefer, you can also feed an extra meal late at night before you go to bed so you can get up at a reasonable hour! Water is allowed at all times.

## What to Bring

- Food or treats if your pet is on a special diet.
- Any medications they will need that day.
- If you own one, an e-collar, donut collar or t-shirt to stop your pet from licking the incision.

## Admitting

- Please arrive at your designated admission time.
- If you have a very nervous pet, special plans can be made. Please call us prior to surgery.
- You will be asked to sign the consents listed in the bottom of the estimate you were sent or to provide verbal consent over the phone. While the risks associated with anesthetics is low for most patients, there are risks with any procedure. Our protocol if the unexpected happens is to perform life saving measures while we try to contact you at the numbers you provide. If you are unable to be contacted we will follow the directions on the signed copy of the estimate.
- If your pet is found to have fleas, a dose of Capstar will be administered.
- Please text us at 778-676-0286 when you arrive for the admission appointment. Please note that this number is not monitored for phone calls. If you do not have a cell phone, let us know and we will arrange an alternate admission procedure.
- Please allow an average of 20 minutes for the admission appointment.

## What time will the surgery be?

Specific times depend on a lot of factors including the surgical schedule for the day, as well as pre and post surgical monitoring requirements. An estimated time may not be available at drop off.

## Contacting You

- We will contact you once your pet is recovering from the anesthetic. **Depending on the time of the surgery, this may not be until the later afternoon.**
- Your initial call may be from a Technician or Veterinary Assistant to let you know your pet is awake, and arrange a discharge time.
- **The veterinarian will call you later in the day** once they are finished surgery to explain how everything went, and summarize the post operative care.

## Discharge

- Post-operative care instructions are reviewed with you when you come to pick up your pet. Please ask if you would like further instruction on any aspect of their care.

## Follow Up

- A technician will call you the day after the procedure to make sure everything is going well, and to answer any questions you have.
- If you have any concerns after the surgery, please contact us right away.

## Pre-procedure Medication

Your veterinarian may have prescribed some medications to be given to your pet prior to their procedure. These may include medication to:

- Reduce vomiting and nausea
- Reduce anxiety and stress (increased stress in an animal often requires higher sedation and anesthetic doses to override the effects of the stress)
- Pre-emptive pain reduction

These medications are to be given prior to the procedure. Please ensure you pick them up at least 24 hours before the drop off time.