

Changing Diets

Switching Pet Foods - Cats

Gradually transitioning onto a new diet will minimize the risk of stomach upset or other issues. In order not to overfeed – check the feeding guidelines on the new food and the recommended amount for the cat's weight (assuming the pet has a good body condition score).

Gradually replace $\frac{1}{4}$ of the current food with the $\frac{1}{4}$ of the new food every 2nd day using separate bowls for the current and new foods – do not mix them in the same bowl. This allows cats to choose between the foods rather than having the change forced upon them, which can lower stress. After 7 days, the switch over to the new food is complete.

If a pet is susceptible to stomach upset, it may be beneficial to transition over 10 days.

The Purina Institute aims to help put nutrition at the forefront of pet health discussions by providing user-friendly, science-based information that helps pets live longer, healthier lives.